

## Social Service Resources Regarding COVID-19

### Orange County and Vicinity

- [18 Top Self-Care Tips for Being Stuck at Home During the COVID-19 Pandemic](#) (video) from California Community Colleges Health & Wellness
- COVID-19 Information: Local, State, National, Global
  - Local
    - Residents of OC can sign up to receive text message updates related to COVID-19. To opt-in for this service, text OCCOVID19 to 888777
    - Orange County Health Care Agency (OCHCA): [What You Should Know and Do](#)
    - [OC COVID-19 Resource Directory](#)
      - Hotline: (833) 426-6411
    - County of Orange Social Services Agency Service Center: (800) 281-9799 from 6:30 am-8 pm Monday – Friday; 7 am-4:30 pm Saturdays
    - [Long Beach Health & Human Services](#): For updates, FAQ's, COVID-19 testing information
      - COVID-19 Info Line: (562) 570-4636
      - Go Long Beach Newsletter: Text GoLongBeach to 22828
  - State
    - Apply for Medi-Cal, CalFresh, General Relief and CalWORKs benefits, review case information, request a replacement benefits card and submit verifications, by visiting [My Benefits Cal Win](#)
    - [California Department of Public Health](#)
      - <https://covid19.ca.gov/> Updates, information and resources
  - National
    - [Centers for Disease Control and Prevention](#)
      - COVID-19 specific: <https://www.cdc.gov/coronavirus/2019-ncov>
        - How to Protect Yourself; What to Do if You Are Sick; Symptoms, Updates; FAQ's
    - Federal Resources
      - <https://coronavirus.gov>
      - <https://usa.gov/coronavirus>
  - Global
    - [World Health Organization](#) Updates, information, resources
- Organizations with multiple resources
  - 2-1-1: "Help to find a community clinic, dental care, immunizations, and prescription assistance, food, homeless shelters, elder and childcare, legal services and other resources offered by local nonprofits and government agencies."
    - Orange County: Call 211, or (888) 600-4357. Or visit: <https://www.211oc.org/>
    - Long Beach and LA County: Call 211, or visit <https://www.211la.org/>
    - Call from any county outside the above: (800) 339-6993

- [Aunt Bertha-The Social Care Network](#) enter your zip code for services near you
- [Benefits.gov](#) Resources: COVID-19, Child-care, Financial, Food, Healthcare, Housing, Immigration & Refugee Assistance, Loans, Veterans
- [Find Help Near You](#) enter your zip code for services near you
- [OC Rescue Mission](#) or call (714) 247-4300
- [RefugeLink](#): Click “allow access to your location”, and you can instantly find services near you: shelter, food, laundry/clothing, personal hygiene, medical, and substance abuse programs
- Domestic Violence
  - [National Domestic Abuse Hotline 24/7](#) (800) 799-7233, (800) 787-3224 TTY for the deaf. “Available to anyone ... including those who are currently in abusive relationships, those who are working to heal, friends or family of victims and survivors and anyone in the community who has questions about domestic violence.”
- Families
  - [7 Ways to Help Kids Cope With Coronavirus \(COVID-19\) Anxiety](#)
- Finances-General
  - [Financial Aid Department at GWC](#)
  - <https://www.needhelp-payingbills.com>
  - [Aunt Bertha-The Social Care Network](#) enter your zip code for services near you
  - 2-1-1 (see above)
  - <https://www.usa.gov/help-with-bills/> Learn about the help you can get through the Coronavirus Aid, Relief, and Economic Security (CARES) Act. Learn about government programs to help pay for phone bills, medical bills, and other expenses. You can also learn how to apply for temporary assistance
- Finances-Medical/Hospital Bills
  - [The Assistance Fund](#)
  - [The Patient Access Network Foundation](#) (866) 316-7263 “Uses the donations of caring individuals and corporations to offer the fastest, most dependable way for patients to pay their out-of-pocket costs.”
  - [Patient Advocate Foundation](#) (800) 532-5274
  - [HealthWell Foundation](#) (800) 675-8416 “Helping the underinsured afford critical medical treatments.”
- Finances-Prescription Medication
  - [Medicine Assistance Tool](#)
  - [NeedyMeds](#) (800) 503-6897
  - [RxAssist](#)
  - [RxHope](#)
  - [USA Rx](#)
  - [Blink Health](#)
- Food
  - [211 OC](#)
  - [211 LA County](#)
  - [CalFresh](#) A nutrition program that can help households buy healthy food. Used to be known as the Food Stamp Program.
  - [Find Emergency Food Resources Near You](#)
  - [Saddleback Church Resources](#)
  - [Second Harvest Food Bank of Orange County](#) (949) 653-2900
  - Pandemic Food Pantry Hotline: South County Outreach: (949) 380-844 ext. 207
    - By appointment only, all Monday-Friday 10:30 am-4:00 pm

- LGBTQ
  - [The Trevor Project](#) (For youth)
    - Trevor LifeLine 24/7/365: (866) 488-7386
    - Trevor Text: Text START to 678678
    - Trevor Chat: <https://www.thetrevorproject.org/get-help-now/>
  - [GLAAD](#)
  - [It Gets Better](#)
  - [PFLAG](#)
  - [LGBT Foundation](#)
- Mental Health
  - [GWC Student Health Mental Health Resources](#)
  - 24 Hour Suicide Prevention Hotline: (877) 727-4747
  - [National Alliance on Mental Illness \(NAMI\)](#) (714) 991-6412 (800) 950-6264 OC WarmLine: (714) 991-6412 (call or text) or call (877) 910-9276
    - Chat: <https://www.namio.org/oc-warmline>
    - Monday-Friday 9:00 am- 3:00 am; Saturday-Sunday 10:00 am – 3:00 am
    - English, Spanish, Farsi, & Vietnamese
    - COVID-19 Information and Resources available on their website
  - Grief Support: [The National Hospice & Palliative Care Organization](#)
  - [Crisis Text Line](#) Text HOME to 741741 to connect with a crisis counselor.
  - No Insurance: [OC Links](#) (855) 625-4657
  - [LA County Department of Mental Health Access Center](#): (800) 854-7771 24-hr
- Miscellaneous
  - [DSPS at GWC](#)
  - [EOPS/CARE, NextUp/Guardian Scholars at GWC](#) Programs that are dedicated to the delivery of comprehensive programs that encourage the enrollment, retention, and transfer of students who are challenged by language, social, economic, and/or educational barriers.
  - [First 5 California](#): Resources for families with young children
  - [Be Well OC](#): (800) 273-8255 Organizations from public, private, academic, faith and others are uniting to positively impact the mental health and wellbeing of all in OC
- Public Health
  - Medical Insurance Coverage: <https://www.healthcare.gov/> (800) 281-9799
  - [Medi-Cal](#)
  - [Find a Health Center Near You](#)
  - [Free Clinic Directory](#)
  - [My Benefits CalWin](#): Assistance with medical, food and cash for California residents.
- Shelters/Homeless: Due to COVID-19 all shelters will first screen over the phone.
  - OCHCA Hotline for Shelter and Support Services: (800) 364-2221
  - Emergency Shelters and resources
    - 2-1-1
    - [Colette's Children's Home](#) Women and children only (714) 596-1380
    - [Mercy House Living Centers](#) Individuals and families (714) 836-7188
    - [Salvation Army](#) Single men only, 18 years old and over (714) 542-9576
  - Shelters and Transitional Housing and Resources
    - [Grandma's House of Hope](#) Women only, 18 years old and over (714) 833-5333
    - [Laura's House](#) Immediate Needs 24-hour hotline: (866) 498-1511
    - [Mercy House Living Centers](#) Individuals and families (714) 836-7188
    - [Off the Streets Huntington Beach](#) (657) 215-0853

- [OC Rescue Mission](#) (714) 247-4300
    - [WISEPlace](#) Women only (714) 542-3577
  - Families only
    - [Families Forward](#) Remote services and food available (949) 552-2727
    - [South County Outreach](#) (949) 380-8144
  - Veterans
    - [Mercy House-Joseph Residence](#) Veterans and single men 21 years old & over
    - [Veteran Housing Resources](#) 211, housing and many other services
  - Youth
    - [CASA Youth Shelter](#) 24/7 Crisis Hotline for support and intake (800) 914-2272
    - [CSP Huntington Beach Youth Shelter](#) Ages 11-17; (714) 842-6600
    - [CSP Youth Shelter](#) Numerous locations throughout the state and nation.
    - [Stand Up For Kids](#) ages 12-24; (714) 356-(KIDS) 5437
- Substance Abuse
  - [Alcoholics Anonymous](#)
  - [American Psychological Association Find Treatment](#)
  - [Narcotics Anonymous](#)
  - [Psychology Today Find Treatment](#)
  - [SAMHSA Find Treatment](#)
- Veterans
  - [Veterans Resource Center GWC](#)
  - [Multiple Resources in Orange County and California](#)
  - [Resources in Orange County](#)

*This information has been compiled by GWC Student Health Services. This does not necessarily constitute or imply its endorsement, recommendation, or favoring by the GWC Student Health Services. We do our best to keep the information updated, but accuracy cannot be guaranteed. Please call the agency or provider to verify information.*