

**Golden West College Student Health Services**

(714) 895-8379

[www.goldenwestcollege.edu/student-health-center](http://www.goldenwestcollege.edu/student-health-center)

**Same-Day Medical Care Referral List**

Where should you go for same day medical care when your own primary care physician cannot see you the same day or the condition is too severe for your doctor's office? See below.

<b>Facility</b>	<b>What it is</b>	<b>Who works there</b>	<b>Best for</b>
<b>Urgent Care Center</b>	A stand-alone walk-in center that is often owned by a hospital or physician group. Most are open 7 days a week.	At least one physician, usually with a family medicine or emergency-medicine specialty. May also have physician assistants, nurses, nurse practitioners, medical assistants.	<b>Conditions that are not life-threatening or wouldn't cause any permanent damage if not seen immediately.</b> Conditions not requiring an ambulance: cuts that need stitches, fractures and broken bones - including x-rays, strains and sprains, animal bites, diarrhea, abdominal pain that's not severe enough to affect your walking, allergic reactions that doesn't threaten your breathing, colds / coughs / ear infections / sore throats, fever / flu symptoms.
<b>Emergency Room</b>	A hospital department that's equipped to treat life threatening medical emergencies. Open 24 hours a day 7 days a week. Not for routine care of chronic conditions.	Emergency-medicine physicians, nurses, physician assistants, medical and surgical assistants. They are able to call in specialists if necessary.	<b>For illnesses or injuries that threaten your life, a body part, or could have severe long-term effects if not treated as soon as possible.</b> Examples: <ul style="list-style-type: none"> <li>• Abdominal pain-severe</li> <li>• Allergic reactions-Life-threatening*</li> <li>• Amputation of a body part*</li> <li>• Bleeding-Uncontrollable (not improved with pressure after 10 minutes)</li> <li>• Body part is losing circulation*</li> <li>• Burns-severe or smoke inhalation*</li> <li>• Chest pain-if continuous or recurrent*</li> <li>• Choking-severe (cannot breathe or talk)*</li> <li>• Coughing up or vomiting blood</li> <li>• Difficulty breathing*</li> <li>• Electrical shock*</li> <li>• Fall from greater than 7 feet*</li> <li>• Fracture</li> <li>• Homicidal or suicidal feelings</li> <li>• Loss of consciousness*</li> <li>• Near drowning*</li> <li>• Pain-sudden, severe-anywhere</li> <li>• Pregnancy bleeding or complications</li> <li>• Seizures*</li> <li>• Signs or symptoms of stroke or heart attack* (sudden dizziness, weakness, change in vision, chest pain, facial drooping, limb weakness)</li> <li>• Unusual behavior or new confusion</li> <li>• Venomous bites or severe reaction to a bite</li> <li>• Vomiting-severe and persistent, or with blood</li> </ul>

*\*Call 911 rather than driving to an ER for **any** condition listed above that has an \*, or could worsen if you move the person or while driving to an ER, or if the traffic conditions or distance might cause a delay in getting the person to the hospital.*

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### Urgent Care Facilities

**CalOptima patients:** You must either call (714) 246-8500 or visit: [www.caloptima.org](http://www.caloptima.org) for a list of urgent care facilities in your network. Everyone is advised to call before going to a facility to confirm that they have a contract with *your* insurance network.

<b>Advance Urgent Medical Group, Inc.**</b> (714) 542-9700 1401 W. 1st St., Ste. 101, Santa Ana 92703	<b>MemorialCare Medical Group **</b> 15464 Goldenwest St., Westminster 92683 (714) 891-9008 17762 Beach Blvd., Ste. 360, Huntington Beach 92647 (714) 848-0868 <a href="http://www.memorialcare.org">www.memorialcare.org</a>
<b>AltaMed Medical Group</b> (888) 499-9303 1820 West Lincoln Ave., Anaheim 92801 12751 Harbor Blvd., Garden Grove 92840 8041 Newman Ave., Huntington Beach 92647 2720 South Bristol St., Ste. 110, Santa Ana 92704 <a href="http://www.altamed.org/urgentcare">www.altamed.org/urgentcare</a>	<b>OC Urgent Care</b> 6502 Bolsa Ave., #105, Huntington Beach 92647 (714) 373-2400 8101 Newman Ave., Ste. A, Huntington Beach 92647 (714) 698-8580 <a href="http://www.ocurgentcare.com">www.ocurgentcare.com</a>
<b>CA Family Medical Center and Urgent Care</b> (714) 793-0760 9918 Katella Ave. Ste. C, Anaheim 92804	<b>US Healthworks Medical Group **</b> (714) 546-4233 3100 W. Warner Ave., Santa Ana 92704 <a href="http://www.ushealthworks.com">www.ushealthworks.com</a>
<b>Hoag Urgent Care - Huntington Harbor **</b> (714) 477-8450 5355 Warner Ave., Ste.102, Huntington Beach 92649 19582 Beach Blvd., Ste 180, Huntington Beach 92648 <a href="http://www.hoag.org">www.hoag.org</a>	<b>Dusk to Dawn Urgent Care</b> (562) 426-2662 701 E. 28 <sup>th</sup> St., Ste. 401, Long Beach 90806 <a href="http://www.dusktodawnurgentcare.com">www.dusktodawnurgentcare.com</a>
<b>Huntington Beach Urgent Care</b> GWC Student discount: \$65/visit (714) 841-1040 17822 Beach Blvd., Ste. 100, Huntington Beach 92647 <a href="http://www.huntingtonbeachurgentcare.com">www.huntingtonbeachurgentcare.com</a>	<b>NAIR Urgent Care</b> (562) 596-8700 6553 E. Pacific Coast Hwy., Long Beach 90803 <a href="http://www.nairurgentcare.com">www.nairurgentcare.com</a>
<b>MedPost Urgent Care **</b> (714) 500-7502 10028 Adams Ave., Ste. B1, Huntington Beach 92646 (714) 263-0227 3195 Harbor Blvd., Ste.3, Costa Mesa 92626 <a href="http://www.carespot.com">www.carespot.com</a>	

\*\* These providers are included in the Anthem Blue Cross PPO network, (Student Accident Insurance) as of 7-16-2019.

### Emergency Care

These providers are all included in the Anthem Blue Cross PPO network, (Student Accident Insurance) and all accept Medi-Cal insurance.

<b>Fountain Valley Regional Hospital &amp; Medical Center ER **</b> (714) 966-7200 17100 Euclid St., Fountain Valley 92708 <a href="http://www.fountainvalleyhospital.com">www.fountainvalleyhospital.com</a>	<b>Orange Coast Memorial Medical Center ER **</b> (714) 378-7549 9920 Talbert Ave., Fountain Valley, 92708 <a href="http://www.memorialcare.org/services/emergency-care">www.memorialcare.org/services/emergency-care</a>
<b>Garden Grove Hospital and Medical Center ER **</b> (714) 537-5160 120601 Garden Grove Blvd., Garden Grove, 92843 <a href="http://www.gardengrovehospital.com">www.gardengrovehospital.com</a>	<b>UCI Irvine Medical Center ER **</b> (714) 456-5239 101 The City Drive South, Bldg. 1A, Room 1009, Orange 92868 <a href="http://www.emergencymed.uci.edu/contact_us.asp">www.emergencymed.uci.edu/contact_us.asp</a>
<b>Huntington Beach Hospital ER **</b> (714) 843-5000 17772 Beach Blvd., Huntington Beach 92647 <a href="http://www.hbhospital.org">www.hbhospital.org</a>	

*The above information has been compiled by GWC Student Health Services. This does not necessarily constitute or imply its endorsement, recommendation, or favoring by the GWC Student Health Services. We do our best to keep the information updated, but accuracy cannot be guaranteed. Please call the agency or provider to verify information.*